**Family and Community Health Nursing**

1. **Course Title:** Family and Community Health Nursing

2. **Course Number:** (402)

3. **Credit Hours:** Total of (6) credits:
   - Theory (3) credits.
   - Clinical (3) credits.

4. **Course Calendar:** Total of (12) hours per week of (15) weeks:
   - Theory (3) hrs.
   - Clinical (9) hrs.

5. **Placement:** Fourth year-First semester.

6. **Instructors:** Faculty of Community Health Nursing Unit.

7. **Course Description:**

   This course is designed to increase the students' level of understanding and orientation toward the family and the community health nursing related issues. Throughout this course, the students can present the family and the community with reasonable nursing care when the nursing process is applied and the students' role as care providers is performed.

8. **Course Goals:**

   At the end of this course the students will able to:

   - Define the family.
   - Identify types, characteristics, roles and functions of the family.
   - Deal with issues and approaches of family health care.
   - Define community health nursing.
   - Identify the philosophy, characteristics, the scope, principles, and objectives of community health nursing.
   - Apply standards for community health nursing practice.
- Perform the role and functions of community health nurse.
- Understand the nursing process, epidemiological process, health education process, home visit process, and case management process.
- Deliver community health nursing care in specialized settings, such as schools, rural, correctional, and disaster ones.
- Manage selected community health problems.

**The Theoretical Content**

**Unit 1: Introduction:** (3) hrs.

- Definition of family.
- Types of family.
- Characteristics of family.
- Roles of the family.
- Functions of the family.

**Unit 2: Issues and approaches in family health care:** (4) hrs.

- Family theories and development.
- Family development and its tasks.
- Health tasks of the family.
- Family as a unit of community health nursing.
- Definition of family health.
- Determinant of family health.
- Family health risks.
- Objectives of family health care.
- Principles of family health care.
- Family nursing assessment.
- Children’s health.
- Woman’s health.
- Men’s health.
- Elder’s health.
- The physically compromised.

**Unit 3: Community Health Nursing:** (4) hrs.

- Introduction to community health nursing.
- Definition of community health nursing.
- Philosophy of community health nursing.
- Characteristics of community health nursing.
- Scope of community health nursing.
- Principles of community health nursing.
- Objectives of community health nursing.
• Standards for community health nursing practice.
• Roles and functions of community health nurses:
  - Client-oriented roles
  - Delivery-oriented roles
  - Population-oriented roles

Unit 4: The Nursing Process: (4) hrs.

• Attributes of the nursing process.
• Community assessment: Elements of assessment.
• Community core: Elements and data.
• Assessing the dimensions of health.
• Assessing the community health services.
• Diagnosing the community health status.
• Planning nursing intervention.
• Implementing nursing care.
• Evaluating nursing care.

Unit 5: The Epidemiologic Process: (3) hrs.

• Basic Concept of epidemiology.
• The epidemiologic process.
• Epidemiologic investigating.
• Epidemiologic Models.

Unit 6: The Health Education Process: (2) hrs.

• Purposes of health education.
  - Barriers to learning.
  - Theories of learning.
  - Principles of learning.

Unit 7: Primary Health Care: (2) hrs.

• Definition.
• Characteristics.
• Principles.
• Elements.
• Approaches to primary health care.
• Primary health care and community health nursing.
  - Roles of the nurse.

Unit 8: School Health Program: (2) hrs.

• Definition.
• Goals and objectives.
• Components of school health program.
- School health services.
- Roles of the nurse.

Unit 9: The Home Visit Process: (3) hrs.

- Advantages of home visit.
- Characteristics of home visiting program.
- Purposes of home visiting program.
- Client served by home visiting program.
- Initiating the home visit.
- Planning the home visit.
- Implementing the planned visit.
- Evaluating the home visit.


- Defining case management.
- Goals of case management.
- Standards of case management practice.
- Legal issues in case management.
- Criteria for case selection.
- Assessing the dimension of health in case management.

- Diagnosing reasoning and case management.
- Developing the case management plan.
- Implementing the case management plan.
- Evaluating the process and outcome of case management.

Unit 11: Community Health Nursing Care in Specialized Settings: (4) hrs.

- Care of client in the school settings.
- Care of client in rural settings.
- Care of client in correctional settings.
- Care of client in disaster settings.

Unit 12: Selected Community Health Problems. (3) hrs.

- Communicable diseases.

- Chronic physical health problems.
- Chronic mental health problems.
- Substance abuse.
- Violence.


- Maternal Care:
  - Antenatal care.
- Natal care.
- Postnatal care.
- Family planning.

- Child care:
  - Medical Examination.
  - Growth monitoring.
  - Immunization.
  - Acute respiratory infection control &
  - control of diarrhal diseases.
  - Breast feeding.
  - Integrated management of child illness (IMCI)

**Unit 14. Environmental Health:** (2) hrs.

- Types of Environment.
- Aspects of environmental health.
- Environmental Hazards.
- Role of community health nurse in the environmental health.

**The Clinical Content**

**Clinical training in the following settings:**

- Primary health care centres. (84) hrs.
- School visits (15) hrs.
- Home visits (24) hrs.
- Field trips (12) hrs.

**10. Learning Resources:**

Blackboard, Overhead projector, Posters, Handout, Films.
11. Teaching / Learning Strategies:
Lectures, group discussions, groups work, case based learning.

12. Students Evaluation:

<table>
<thead>
<tr>
<th>Evaluation</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st theory exam.</td>
<td>10%</td>
</tr>
<tr>
<td>2nd theory exam.</td>
<td>10%</td>
</tr>
<tr>
<td>Clinical evaluation</td>
<td>30%</td>
</tr>
<tr>
<td>Seminars</td>
<td>10%</td>
</tr>
<tr>
<td>Final theory exam.</td>
<td>20%</td>
</tr>
<tr>
<td>Final clinical exam.</td>
<td>20%</td>
</tr>
</tbody>
</table>

-----------------------------------------
Total                                  100%

13. References: