

Adults Nursing I
COURSE SYLLABUS

A. COURSE DESCRIPTION:

Application of the nursing process to the care of adult patients experiencing medical-surgical conditions in the health care continuum. A variety of health care settings are utilized. This course covers physiology and basic pathophysiology, causes of illness, communicable disease and disease transmission and prevention. The role of the vocational nurse in preventative health measures, health promotion, referral to community health resources, patient/family education, therapeutic and rehabilitative aspects will be presented. Discussion/projects for ethical issues and critical thinking are incorporated in the course.

B. LEARNING OUTCOMES:

The student will:

1. Identify the components of the health illness continuum.
2. Identify prevalent medical-surgical conditions affecting the adult.
3. Utilize the nursing process to assist in developing a plan of care for selected medical-surgical conditions.

Specific goals/objectives of this course -- the student will be able to:

1. Compare and contrast normal physiology of the body systems with that of a pathological state.
2. Recognize causes of disease and illness, to include microorganisms and communicable diseases, physical agents, chemical agents, cellular abnormalities, trauma, genetic transmission, and participation in high-risk activities.
3. Demonstrate appropriate nursing care during the diagnostic and assessment phase of patient care.
4. Set appropriate nursing goals for patients with common medical and surgical conditions, with consideration of the patient's physical, social and psychological needs.

5. Demonstrate appropriate nursing interventions and recognize appropriate medical treatment for patients with medical and surgical conditions, with an emphasis on patient safety and comfort.
6. Recognize expected patient outcomes for patients with medical and surgical conditions and initiate appropriate action if expected outcome is not achieved.
7. Demonstrate appropriate use of referrals to community resources.
8. Demonstrate appropriate preventative/health promotion activities in patient/family education.
9. Demonstrate appropriate activities to promote the rehabilitative process.
10. Demonstrate critical thinking ability.
11. Discuss appropriate interventions and resolutions for ethical dilemmas.
12. Demonstrate ability to safely provide advanced nursing skills.