Nurses role as a care giver in coping with mastectomy

The present study aimed to assess the psychological impact and psychological issues of mastectomy patients. The sample of the study consisted of (167) patients. It is divided into two groups according to time after mastectomy. The first group consisted of (67) patients less than three months after mastectomy used to define the psychological impact and mental health disorder. The second group consisted of (100) patients more than three months after mastectomy used to observe the hope and psychological issues of. The International Classification Disease Scale and Hearth Hope Index were used in the present study. A pilot study was conduct to determine the reliability of the study instruments. The reliability of the scales was determined through the use of internal consistency and calculation Cronbach Alpha Correlation Coefficient when data were gathered from (10) patients. The sample of the study also included (10) nurses who are working at Mosul Breast Center and the Surgical Unit at Al-Zahrawi oncology and Nuclear Teaching Hospital in Mosul. The validity of the scales was determined through a panel of (10) experts in different fields. The results of the present study indicate that the level of psychological impact and mental health disorder are high among the mastectomy patients in group one. Moreover, the psychological issues and hope is high among mastectomy patients in group two. The results also indicate the nurses have an important role in assessing and helping mastectomy patients' health status. Depending on the findings and conclusions of the study, the researcher recommends that mastectomy patients must be educated regarding cancer to provide them with information and to maintain their needs. Also, a plan of care must be designed to cope with the disease. We recommend strengthening the role of breast center and clinics as well.
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