

Course Syllabus for Maternal and Child Health Nursing

I. Description

Concepts, theories, principles and processes basic to the delivery of safe and quality nursing care of mother and child. It encompasses promotive and preventive care of mothers with normal health conditions including curative and rehabilitative care to those with disturbances in reproductive health. Further, it focuses on the nursing care to children in various stages of growth and development.

II. Terminal Competencies

1. Utilizes the nursing processes in the care of mother and child/their families and communities.
2. Communicates effectively with the clients and families as well as with other members of the health team in various settings.
3. Demonstrates leadership and management skills in promoting safe and quality nursing care to clients.
4. Utilizes concepts, theories and principles in the care of clients.
5. Utilizes research findings to improve the nursing care to clients, family and community.
6. Adheres to ethico-legal and moral imperatives of health care.
7. Recognizes his/her responsibility for personal and professional growth and development.

III. Content Outline

1. Foundation of Maternal and Child Health Nursing Practice/Biophysical Aspects of Human Reproduction

- A. Philosophy, goals
- B. Concepts, theories, principles and standards of care
- C. Anatomy and physiology
- D. Sexuality
- E. Menstrual cycle
- F. Responsible parenthood
- G. Theories and principles of growth and development

2. Pregnancy-Antepartum

- A. Stages of fetal development
- B. Signs and symptoms of pregnancy
- C. Nursing care
- D. Birth setting and alternative methods of delivery
- E. Physiological and psychological changes of pregnancy
- F. Needs of pregnant women
- G. Danger signs and symptoms
- H. Complications of pregnancy

3. Pregnancy-Intrapartum

- A. Theories of labor
- B. Components of labor: 3 P-s
- C. Nursing care during labor
- D. Analgesia and anesthesia of labor and delivery
- E. Complications of labor and delivery

4. Postpartum and Newborn

- A. Placental stage
- B. Nursing care of the mother
- C. Nursing care of the newborn
- D. Breast feeding/rooming-in
- E. Complications of postpartum

5. Puerperium and Infancy

- A. Involution
- B. Care of the mother
- C. Physical, motor, cognitive, psycho-social and language development
- D. Well-baby care
- E. Nutrition, immunization, play activities
- F. Common problems/disorders of infancy

6. Toddler

- A. Physical, motor, cognitive, psycho-social, language and moral development
- B. Toilet training
- C. Well-baby care
- D. Nutrition, immunization, play activities
- E. Common problems/disorders of toddlers

7. Pre-Schooler/Schooler

- A. Physical, cognitive, psycho-social and moral development
- B. Sibling rivalry
- C. Play activities
- D. Sex education
- E. Common problems/disorders of pre-schooler/schooler

8. Pre-adolescent/Adolescent

- A. Physical, psycho-social and moral development
- B. Sex characteristics
- C. Needs and tasks
- D. Common problems/disorders of pre-adolescent/adolescent

9. Problems/Disorders in Children

- A. Prematurity
- B. Congenital malformations
- C. Nephrotic Syndrome
- D. Metabolic disturbances
- F. Infectious diseases

10. Problem/Disorders in Mothers including gynecologic disorders

- A. High risk maternal conditions
- B. Pregnancy related conditions
- C. Metabolic, cardiac, hematologic aberrations in pregnancy
- D. Menopause
- E. Cellular aberrations of the reproductive organs
- F. Degenerative disorders of women